

FSU CARD

6-7:30 pm * Begins Tuesday, September 8th, 2015 * 14 Weeks
CARD Office Suite 72 – (next to Anytime Fitness)

Social Skills Group for Middle School Age Students (7th-9th grade)

PEERS ([Program for the Education and Enrichment of Relational Skills](#)) is a 14-week evidence-based social skills intervention for motivated teens in middle and high school who are interested in learning ways to help them make and keep friends. During each group session teens are taught important social skills and are given the opportunity to practice these skills in session during socialization activities. Parents attend separate sessions at the same time and are taught how to assist their teens in making and keeping friends by helping to expand their teen's social network and providing feedback through coaching during weekly socialization homework assignments.

Enrollment is limited. Parent participation is REQUIRED.

(Parents will meet same day/time as teens)



Your Teen Will Learn

- ❖ How to use appropriate conversational skills
- ❖ How to find common interests by trading information
- ❖ How to appropriately use humor
- ❖ How to enter and exit conversations between peers
- ❖ How to handle rejection, teasing, and bullying
- ❖ How to handle rumors and gossip
- ❖ How to be a good host during get-togethers
- ❖ How to make phone calls to friends
- ❖ How to choose appropriate friends
- ❖ How to be a good sport
- ❖ How to handle arguments and disagreements
- ❖ How to change a bad reputation

Enrollment and Group Information

PEERS may be appropriate for CARD clients, grades 7th-9thth, with:

- ❖ ADHD
- ❖ Asperger's Disorder
- ❖ Depression
- ❖ Other social and behavioral problems
- ❖ High Functioning Autism
- ❖ Pervasive Developmental Disorder
- ❖ Anxiety



For enrollment information, please complete the online screening registration information at:
<https://www.eventbrite.com/e/fsu-card-peers-middle-school-tallahassee-tickets-16877630447>

****Participants must participate in an interview process prior to actual enrollment in the group.****

****If you are a professional interested in learning this curriculum and would like to partner with CARD to teach this class please contact Lerena Fleck at lerena.fleck@med.fsu.edu for partnering opportunities.**
