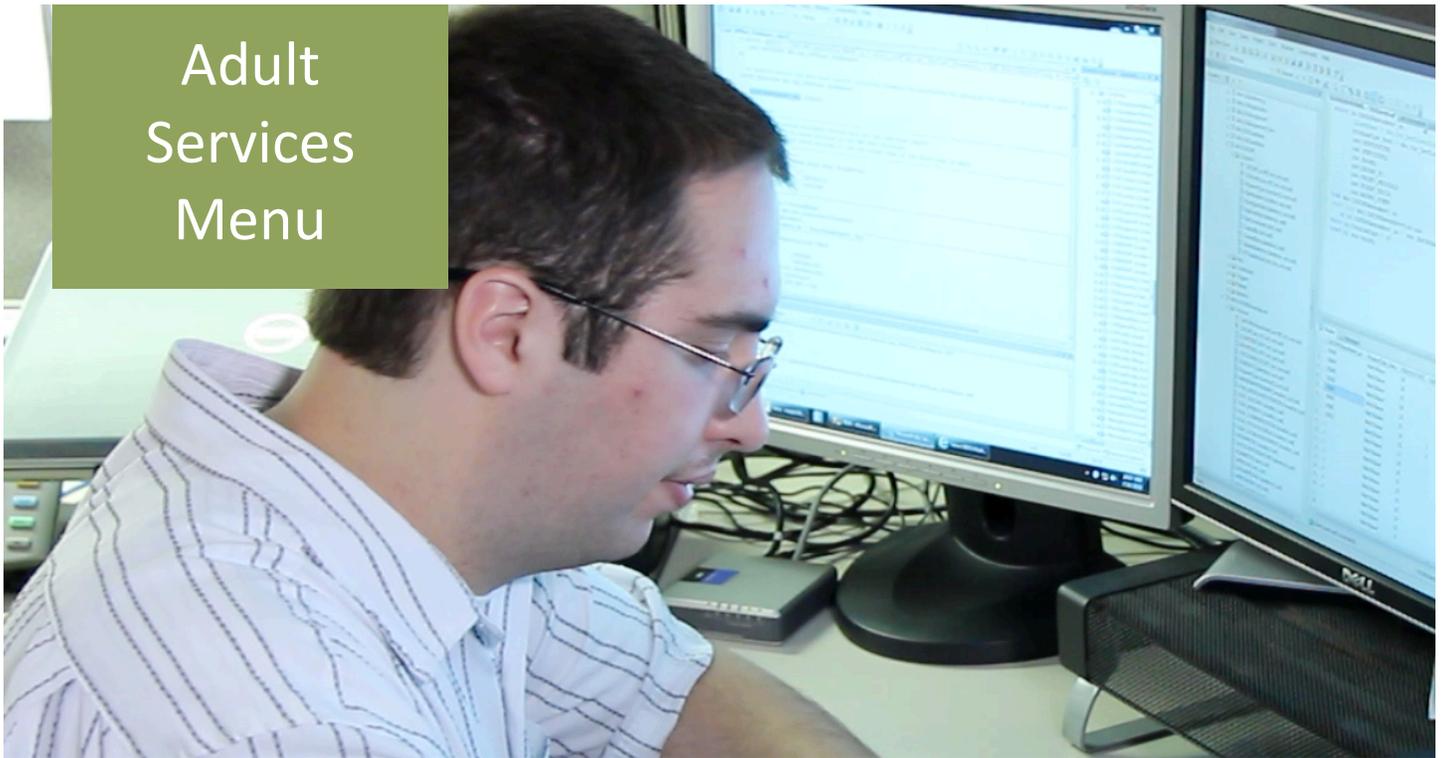


Adult Services Menu



FSU CARD offers adult clients and family members short-term consultation and training associated with autism spectrum disorder (ASD).

Consultations are tailored to each client and can include support at home, school, work, and in the community. In addition, technical assistance and support are available for persons or agencies serving CARD clients. The following is a list of CARD services designed to meet the needs of individuals with ASD:

1. Individual consultation with CARD client and family
 - Education, support, and guidance are provided as to how ASD may affect the individual
 - Strategies are addressed for concerns in the home, school, and community
 - Community resources, such as medical professionals, support groups, and social service agencies, are shared to address additional needs
2. Post-secondary education consultation
 - CARD Consultants can provide guidance and strategies to assist clients in academic or vocational training settings experiencing challenges
 - CARD Consultants can meet with administrative and academic staff to provide feedback and support
3. Transition coach program
 - Clients attending college or vocational schools are paired with a CARD-certified peer Transition

Coach (undergraduate student who provides peer perspective to navigating college life)

- Transition Coaches provide weekly feedback to clients regarding academic and social concerns
4. Employment related consultation
 - Guidance and strategies are provided to assist individuals experiencing challenges on the job
 - CARD Consultants will speak with employers and Job Coaches, at client's request, about concerns and provide feedback and support. Development of strategies, visual supports, and other accommodations are offered.
 5. Interview skills curriculum training
 - These periodic evening trainings are scheduled weekly for 9-12 consecutive weeks, two hours per session
 - Sessions focus on strategies to increase positive social interactions during job interviews. Video recorded pre- and post-mock job interviews are conducted to determine progression of skills.
 6. Adult social skills groups
 - These periodic evening groups meet weekly for five consecutive weeks, one hour per session
 - Various topics highlighting a particular skill are presented weekly through discussion, activities, and videos

To request a consultation or to learn more about offered trainings, please contact your CARD consultant. If you are uncertain of your CARD consultant, call (850) 644-4367.

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