

2018 Summer Training Institute on Autism Florida State University

Recent Advances in Evidence-Based Practice for Autism Spectrum Disorder



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JUNE . 18-20 . 2018

Goodwood Museum & Gardens Carriage House Conference Center

APPROVED PROVIDER



Florida State University
Center for Autism & Related
Disabilities is approved by the
Continuing Education Board
of the American Speech-
Language-Hearing Association
(ASHA) to provide continuing
education activities in speech-

language pathology and audiology. See course information for
number of ASHA CEUs, instructional level and content area. ASHA
CE Provider approval does not imply endorsement of course content,
specific products or clinical procedures.

Each course (day) is offered for .60 ASHA CEUs
(Introductory Level, Professional Area.)

Sponsored by the Florida State University College of Medicine, Autism
Institute, and College of Education, School of Teacher Education

Funded by the Florida State University Center for Autism and Related
Disabilities, the Annie Bishop Hamrick Endowed Professorship, and the
Florida Department of Education, Bureau of Exceptional Education
and Student Services



Center for Autism and
Related Disabilities



Supported by the Partnership for Effective
Programs for Students with Autism
www.doepartnership.org

General Information

Goodwood Museum & Gardens Carriage House Conference Center

1600 Miccosukee Road

Tallahassee, Florida 32308

For directions, please call (850) 877-4202

www.goodwoodmuseum.org



ADA Accommodations

If you require ADA accommodations or ADA accessible materials, please contact Kendra Adams by phone at (850) 921-0559 or email autism@med.fsu.edu by June 11, 2018. This brochure is available in alternative formats upon request.

Parking Information

On-site parking is free.

Requirements for Teacher In-Service Points, ASHA, and Psychology CEUs

Participants must attend from 8:30 a.m. to 4:00 p.m. (EST) each day to earn either 0.6 ASHA CEUs, 6 Psychology CEUs, 6 Occupational Therapy CEUs, or 6 to 8 teacher in-service points per day, in accordance with the rules of their school district. Participants may attend one or more days of this Training Institute and will be eligible for ASHA, PSYCHOLOGY, and OT CEUs based on the number of days attended for a possible total of 1.8 ASHA CEUs and 18 Psychology CEUs. A certificate of attendance will only be provided to participants attending a full day. For information or assistance, please email autism@med.fsu.edu.

Check-in begins at 8:00 a.m.

Registration

Please register online at
<http://fsucard.com/registration/>

Fees

FSU Faculty and Staff

	1 day	2 days	3 days
Early Bird*	\$100	\$150	\$195
Regular Fee**	\$125	\$170	\$220

Non-FSU Faculty and Staff

	1 day	2 days	3 days
Early Bird*	\$175	\$225	\$275
Regular Fee**	\$200	\$250	\$300

*Early Bird rates available until 11:59pm, Thursday, June 7, 2018.

**Online registration closes at 11:59pm, Wednesday, June 13, 2018.

Scholarships

A limited number of scholarships are available for teachers, professionals, clients, and family members. For information and scholarship application, please visit <http://fsucard.com/>

<http://fsucard.com/scholarships/>

Deadline for scholarship funding request is 5:00 p.m., Friday, May 25, 2018.

If you are applying for a scholarship, please do NOT register for the training until you have received confirmation of scholarship award funding from the Autism Institute.

Cancellation & Substitution Policy

If a registrant is unable to attend, they may cancel or substitute someone else. Substitutions and cancellations **must** be made in writing. If you do not cancel in writing, you accept liability for all fees and acknowledge that you may not be eligible for scholarships in future.

Who Should Enroll?

- School personnel, private practitioners, and healthcare providers, including regular education and special education teachers, district-level personnel, speech-language pathologists, occupational therapists, early interventionists, psychologists, primary care physicians, nurses, and social workers serving children with autism or autism spectrum disorder
- Florida State University students in Special Education, Communication Disorders, or others interested in pre-service training in autism

This Training Institute is designed to prepare educators and service providers to understand the social communication, behavioral, and learning characteristics of children and adults with autism spectrum disorder (ASD). The Training Institute will present new findings on evidence-based practices and offer practical strategies for implementing these practices for individuals with ASD in educational and community settings.

Schedule of Presentations

Monday, June 18, 2018

8:30 a.m. – 4:00 p.m.

MANAGING FRUSTRATION, ANXIETY, AND TEACHING SOCIAL SKILLS

Jed Baker, Ph.D.

Director, The Social Skills Training Project

Individuals with behavioral challenges often present with difficulty regulating their feelings and interacting socially. This training describes how to handle meltdowns and design effective behavior plans to prevent these moments and reduce frustration and anxiety. The second part of the presentation details strategies to motivate individuals to learn, ways to teach social skills, how to generalize skills into the natural setting and increase acceptance and tolerance from peers. Information will be imparted through lecture, interactive exercises, and video clips.

Participants will be able to:

- Understand how best to think about challenging behaviors to ensure better outcomes.
- Learn strategies to deal effectively with anxiety and frustration; both to de-escalate and prevent meltdowns.
- Identify ways to motivate verbal and non-verbal individuals to want to socialize.
- Learn how to choose effective strategies for teaching and generalizing skills.
- Create programs for typical peers to accept individuals with disabilities, reduce bullying, and model positive behaviors.

Tuesday, June 19, 2018

8:30 a.m. – 4:00 p.m.

SUCCESS FOR INDIVIDUALS ON THE AUTISM SPECTRUM THROUGH THE LIFESPAN: AN INSIDE VIEW

Stephen Shore, Ed.D.

Assistant Professor of Education, Adelphi University

Considering autism as an expression of the diversity of the human gene pool rather than a life limiting disorder, let's look at how people with autism are able to build fulfilling and productive lives. The concept of "3 A's of autism" will be used to transition thinking from a deficit to an abilities-based model emphasizing strengths while remaining realistic about the often significant challenges people on the autism spectrum face. Drawing from the author's own experiences as well as others on the autism spectrum, practical solutions in the areas of education, relationships, employment, self-advocacy, and disclosure shall be explored for maximizing the potential of people both on and off the autism spectrum.

Participants will be able to:

- List at least three situations where deficits can become strengths.
- Develop a familiarity as to how strengths can be used to navigate around challenges.
- Learn that considered decisions can be made to avoid areas of challenge while still leading a fulfilling and productive life.
- Understand the importance of people with autism and other disabilities in understanding themselves as a key factor in success.
- Educators will learn easy-to-implement practical strategies for successful education of students on the autism spectrum in inclusive settings.

Wednesday, June 20, 2018

8:30 a.m. – 4:00 p.m.

DESIGNING EARLY ASD INTERVENTION: RECENT EVIDENCE FROM DEVELOPMENTAL & BEHAVIORAL SCIENCES

Rebecca Landa, Ph.D.

Founder and Director, Kennedy Krieger Institute's Center for Autism & Related Disorders and Professor of Psychiatry & Behavioral Sciences, Johns Hopkins School of Medicine

Early social and communication functioning predicts numerous aspects of functioning in middle childhood. Despite being core impairments of autism, early social and communication functioning is malleable when children experience targeted early intervention. This presentation will provide clinically and educationally useful concepts and intervention implementation strategies, along with evidence-based rationales. Hands-on activities and videos of intervention implementation will be used to support participants' knowledge and skill advancement related to early intervention for children with autism spectrum disorders.

Participants will be able to:

- List three pivotal intervention goals for young children with autism spectrum disorder (ASD).
- List three evidence-based instructional strategies associated with Naturalistic Developmental Behavioral Interventions.
- Analyze videos of early intervention to identify intervention targets and Naturalistic Developmental Behavioral Intervention strategies.
- Define 2 instructional activities that they will use to implement the goals and instructional strategies listed above with children on their caseload or in their classroom.

About the Speakers



Jed Baker, Ph.D.

Dr. Jed Baker, is the director of The Social Skills Training Project, an organization serving individuals with autism and social communication problems. He is on the Professional Advisory Board of Autism Today, ASPEN, ANSWER, YAI, the Kelberman Center and several other autism organizations. In addition, he writes, lectures, and provides training internationally on the topic of social skills training and managing challenging behaviors. He is an award winning author of 8 books, including: *Social Skills Training for Children and Adolescents with Aspergers Syndrome and Social Communication Problems*; *Preparing for Life: The Complete Handbook for the Transition to Adulthood for Those with Autism and Aspergers Syndrome*; *The Social Skills Picture Book*; *The Social Skills Picture Book for High School and Beyond*; *No More Meltdowns: Positive Strategies for Managing and Preventing Out-of-Control Behavior*; *No More Victims: Protecting those with Autism from Cyber Bullying, Internet Predators & Scams*; *Overcoming Anxiety in Children and Teens*; and *School Shadow Guidelines*. His work has also been featured on ABC World News, Nightline, Fox News, the CBS Early Show, and the Discovery Health Channel.

Stephen Shore, Ed.D.

Diagnosed with "Atypical Development and strong autistic tendencies" and "too sick" for outpatient treatment Dr. Shore was recommended for institutionalization. Nonverbal until four, and with much support from his parents, teachers, wife, and others, Stephen is now a professor at Adelphi University where his research focuses on matching best practice to the needs of people with autism. In addition to working with children and talking about life on the autism spectrum, Dr. Shore is internationally renowned for presentations, consultations and writings on lifespan issues pertinent to education, relationships, employment, advocacy, and disclosure. His most

recent book *College for Students with Disabilities* combines personal stories and research for promoting success in higher education. A current board member of Autism Speaks and the Organization for Autism Research, president emeritus of the Asperger's Association of New England, and advisory board member of the Autism Society, Dr. Shore serves on the boards of the Asperger Syndrome and High Functioning Autism Association, The US Autism and Asperger Association, and other autism related organizations.

Rebecca Landa, Ph.D.

Dr. Rebecca Landa is the founder and director of Kennedy Krieger Institute's Center for Autism and Related Disorders and Professor of Psychiatry and Behavioral Sciences in the John Hopkins School of Medicine. She obtained her doctorate at the University of Washington in Speech and Hearing Sciences. She completed her post-doctoral training in the Psychiatric Genetics at the John Hopkins School of Medicine. She is the recipient of the NIMH Shannon Award for Excellent and Innovative Research, as well as the Rita Rudel Prize for Developmental Neuropsychology. Dr. Landa is also the recipient of the 2009 Alumni Recognition Award from the College of Human Health and Development of the Pennsylvania State University. Dr. Landa received the Speaker's Medallion Award, Maryland State house. She was awarded the 2015 Distinguished Alumnus of the Year Award from the University of Washington Department of Speech and Hearing Sciences, and was the 2016 David E. Yoder Symposium Awardee, University of North Carolina. In summer 2017, Dr. Landa was named to Parents Magazine Board of Advisors, contributing and weighing in on mental health topics. Dr. Landa's research focuses on early learning in autism and typical development, early detection of autism and other social communication disorders, early intervention, pragmatic language development, and translating interventions for implementation in community settings.

While You are Here, Enjoy Our Local Treasures



In Town:

Cascades Park

1001 S. Gadsden St., 850-891-3866
Admission = Free
discovercascades.com

Challenger Learning Center

200 S. Duval Street
Admission = Varies
challengertlh.com

Florida Governor's Mansion

700 North Adams Street, 850-922-4991
Admission = Free
www.floridagovernorsmansion.com

Bradley's Country Store

9002 Centerville Road – 12 miles Northeast of Capital Circle NE, 850-893-4742
Admission = Free
bradleyscountrystore.com

Tallahassee Museum

3945 Museum Drive
Four miles South of I-10, off Orange Avenue at Rankin Drive, 850-576-1636
Admission = Up to \$12 per person
www.tallahasseeemuseum.org

Southeastern Regional Black Archives Research Center & Museum

Carnegie Library – FAMU Campus, 850-599-3020
Union Bank Facility – Apalachee Parkway
Admission = Free
www.cis.famu.edu/BlackArchives/expventures.html

Tallahassee Automobile Museum

6800 Mahan Drive, 850-942-0137
Admission = Up to \$17.50 per person
www.tacm.com

Mission San Luis

2100 W. Tennessee Street, 850-245-6406
Admission = Up to \$5 per person
www.missionsanluis.org

A Short Drive:

Birdsong Nature Center

2106 Meridian Road, Thomasville, GA, 229-377-4408
Admission = Up to \$5 per person
www.birdsongnaturecenter.org

Gulf Specimen Marine Lab Aquarium

222 Clark Dr., Panacea, FL, 850-984-5297
Admission = Up to \$9.95 per person
www.gulfspecimen.org

Natural Bridge Battlefield Historic Site

7502 Natural Bridge Rd., Tallahassee, FL, 850-487-7989
Admission = \$3 per vehicle
www.floridastateparks.org/naturalbridge

Pebble Hill Plantation

1251 US Hwy 319 S, Thomasville, GA, 229-226-2344
Admission = Up to \$5.50 per person
www.pebblehill.com

St. Marks National Wildlife Refuge & Lighthouse

St. Marks, FL, 850-925-6121
Admission = \$6 per vehicle
www.fws.gov/refuge/st_marks

Wakulla Springs State Park & Lodge

465 Wakulla Park Dr., Wakulla County, FL, 850-561-7276
Admission = \$6 per vehicle
wakullasprings.org

ADMISSION FEES SUBJECT TO CHANGE. PLEASE VISIT THE INDIVIDUAL WEB SITES FOR MORE INFORMATION.