

Social Skills Group for Teens

Tuesdays, from 6:00-7:30 pm * Beginning August 21, 2018 * 14 week series

PEERS (Program for the Education and Enrichment of Relational Skills) is a 14-week evidence-based social skills intervention for motivated teens who are interested in learning ways to help them make and keep friends. This intervention focuses on skills related to making and keeping friends, handling arguments, and managing difficult situations. Parents attend separate sessions and are taught how to assist their teens in making and keeping friends by helping to expand their teen's social network and providing feedback through coaching during weekly socialization homework assignments. **Enrollment is limited. Parent participation is REQUIRED.** (Parents will meet same day/time as teens).



Your Teen Will Learn

- ❖ How to use appropriate conversational skills
- ❖ How to find common interests by trading information
- ❖ How to appropriately use humor
- ❖ How to enter and exit conversations between peers
- ❖ How to handle rejection, teasing, and bullying
- ❖ How to handle rumors and gossip
- ❖ How to be a good host during get-togethers
- ❖ How to make phone calls to friends
- ❖ How to choose appropriate friends
- ❖ How to be a good sport
- ❖ How to handle arguments and disagreements
- ❖ How to change a bad reputation

Enrollment and Group Information

PEERS may be appropriate for teens with:

- ❖ Autism Spectrum Disorder
- ❖ ADHD
- ❖ Other social and behavioral problems
- ❖ Depression
- ❖ Anxiety

Participants must participate in an interview process prior to actual enrollment in the group. Please register to participate in this interview at <https://fsupeersgroup.eventbrite.com>

For questions, enrollment, or fee information, please contact:

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