DOES YOUR CHILD WITH HIGH-FUNCTIONING AUTISM STRUGGLE WITH ANXIETY?

Anxiety is one of the biggest challenges faced by children with highfunctioning Autism Spectrum Disorder (ASD). Your child can conquer his or her fears and participate more fully in home, school, and community life.

The Facing Your Fears Program is an affordable 14-week program for children 8-14 years old.

- Designed for high-functioning children who are verbally fluent, have an ASD diagnosis, and also have difficulties with anxiety
- Focuses on helping children and their parents identify worries, develop coping strategies, and practice "facing fears"
- Parent and child participation are required. Participants will work in a large group for a portion of each session and then divide into child and parent groups



Join Us! Beginning in January 2020!

PARTICIPATION WILL BE <u>LIMITED TO SIX CHILDREN</u> IN ORDER TO TAILOR THE PROGRAM TO EACH CHILD'S NEEDS.

For more information or to take advantage of this opportunity, contact:

THE PSYCHOLOGY CLINIC AT FLORIDA STATE UNIVERSITY

(850) 644-3006