

# FSU Center for Autism & Related Disabilities



## Coffee Talk

### Strategies to help women with ASD crush their goals

Emerging research shows women with ASD navigate the social world differently than their male counterparts. Join us for monthly discussions on how to build strategies for handling social situations. This training will also focus on managing anxiety and improving organization. This series is for adult women CARD clients.



FSU CARD is dedicated to providing individuals with autism or related disabilities, their families, and professionals who work with them, free consultation, resources, and educational support to build knowledge, confidence, infrastructure, and sustainability within the community.

**Second Thursday of each month**

**11:00 a.m. -12:00 p.m.**

**Black Dog on the Square  
567 Industrial Drive  
Tallahassee, FL 32303**

Email Tammy at [tammy.dasher@med.fsu.edu](mailto:tammy.dasher@med.fsu.edu) to register.