

# FSU Center for Autism & Related Disabilities

## Unmasked: Women's Chat

### Discussion for Women on the Autism Spectrum



Emerging research shows women with ASD navigate the social world differently than their male counterparts. Join us for monthly discussions on how to build strategies for handling social situations, managing anxiety, and improving organization. This series is for adult women (18+ and have completed high school) who are registered with FSU CARD.



FSU CARD is dedicated to providing individuals with autism or related disabilities, their families, and professionals who work with them, free consultation, resources, and educational support to build knowledge, confidence, infrastructure, and sustainability within the community.

## 1st Wednesday of each month

### 4:00 PM EST / 3:00 PM CST

Online via Zoom Video Communications  
Invitation will be provided after registration is complete.

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Register: <https://bit.ly/3zeZJPH>